

Consent to Receive Marketing Communications

By ticking the box in the website form, I give my **free and unequivocal consent** to Me&U Lab to process my personal data for the following purposes:

1. sending informational and marketing messages about the club, its services and events;
2. contacting me via the channels I choose.

I confirm that the data I provide (name, e-mail and/or phone) is given **voluntarily**, is **accurate**, and that I am **18 or older**. The subscription **is not a precondition** for entering into a contract.

Contact channels (choose):

e-mail

SMS / messengers

phone calls (by appointment)

Form of expressing consent

Consent is given by **ticking the box** in the website form and submitting the form. The date and time of submission are recorded in the submission log.

Withdrawal of consent

Consent can be **withdrawn at any time** by writing to **care@meandyoulab.com**. Withdrawal does not affect the lawfulness of processing prior to withdrawal.

Confirmation

I have read and accept the **Privacy Policy** and consent to receive messages via the selected channels.